



## Annual Scientific Meeting 26<sup>th</sup> – 28<sup>th</sup> November 2025

AHP Programme  
Wednesday 26/11/25

09:00-09:05 Introduction

Alison Miller/ Rajesh Kakwani

### Session 1

Chair: Alison Miller / Rajesh Kakwani

09:05-09:15 Epidemiology and Pathophysiology of Ankle arthritis:  
09:15-09:30 Clinical examination of Ankle arthritis:  
09:30-09:45 Imaging of Ankle arthritis:  
09:45-10:00 Assessment of deformities in ankle arthritis  
10:00-10:10 Physiotherapy management of ankle arthritis  
10:10-10:20 Orthotic management of Ankle arthritis  
10:20-10:45 Discussion

Shelain Patel  
Nikki Kelsall  
Vivek Dhukaram  
Maneesh Bhatia  
Jayasree Ramaskandhan

10:45-11:15 Coffee (in main exhibition room)

### Session 2

Chair: Jo Benfield / Maneesh Bhatia

11:15-11:25 Role of ankle injections – steroids/hyaluronic acid/non surgical modalities  
11:25-11:35 Role of ankle Debridement / cheilectomy for arthritis  
11:35-11:45 Correction of coronal plane deformities prior to ankle surgery  
11:30-11:45 End stage ankle arthritis: I fuse all of them  
11:45-12:00 End stage ankle arthritis: I replace all of them  
12:00-12:10 TARVA trial  
12:10-12:20 How do I decide: fuse or replace?  
12:20-12:30 Discussion

Alison Miller  
Graham Chuter  
Aradhyula N Murty  
Jit Mangwani  
Martin Raglan  
Andy Goldberg  
Steve Hepple

12:30-13:30 Lunch (in main exhibition room)

### Session 3

Chair: Jayasree Ramaskandhan / Graham Chuter

13:30-13:45 Ankle fusion: arthroscopic, When and how do I do this?  
13:45-14:00 Ankle fusion: open, When and how do I do this?  
14:00-14:10 Pre-op planning for ankle replacement  
14:10-14:20 Does patient specific instrumentation for ankle replacement help?  
14:20-14:35 Ankle replacement/fusion with cavovarus foot  
14:35-14:50 Ankle replacement/fusion with planovalgus foot  
14:50-15:00 What is on the horizon for ankle arthritis surgical management  
15:00-15:15 Post-op rehab following ankle replacement/fusion surgery

Rajesh Kakwani  
Mark Davies  
Howard Davies  
David Townshend  
Ian Sharpe  
Andrew Bing  
Togay Koç  
Jodie Breach

15:15-15:50 Complex Case Discussion: Jayasree Ramaskandhan/ Graham Chuter  
15:50 Discussion and close